



## DINING WITH DIETARY REQUIREMENTS?

D/F	L/G	E/F	G/F	L/F	N/F	V	H
Dairy Free	Low Gluten	Egg Free	Gluten Free	Lupine Free	Nut Free	Vegetarian	Halal

PlayLab Café is an allergen and cultural friendly dining zone, with a range of options prepared without common allergy ingredients. There are three ways to eat safely at Playlab café:

### MADE TO ORDER

Our meals are made with a variety of naturally allergen free ingredients, however common allergy foods are prepared in the kitchen at times. If your allergy is triggered by the food being prepped in the same kitchen, this menu is not suitable.

For this reason, our meals made without Gluten but in areas where gluten may have been handled are classified as **Low Gluten**.

#### French Fries

(V, LG, EF, NF, DF, L, H)

#### Kumara chips

(V, LG, EF, NF, DF, L, H)

#### Carbless Falafel Burger

(V, LG, EF, NF, DF, L, H)

Falafel wrapped in lettuce with tomato, onion, beetroot & carrot, finished with mayonnaise.

#### Angus Beef Burger

(LG, NF, H, L)

Toasted G/F bun with Angus Beef pattie, lettuce, tomato, onion, beetroot, carrot, & mayonnaise.

#### Carbless Beef Burger

(LG, EF, NF, H, L)

Angus Beef Pattie wrapped in lettuce with tomato, onion, beetroot & carrot finished with herbed hollandaise.

#### Vegetarian Nachos

(V, LG, NF, H, L)

### HEAT & EAT

Our heat and eat options are premade off site in accredited kitchens.

They arrive wrapped and are heated to order in a dedicated oven that is not used with any common allergen products, keeping them contaminant free.

#### Vegan Mince & Cheese Pie

(V, EF, NF, DF, H, L)

#### Gluten free Angus Pie & Cheese Pie

(GF, NF, DF, H, L)

#### Meat Lasagne (Plant Based)

(NF, H, L, EF)

#### Vegan Roast Vegetable Lasagne

(V, GF, NF, H, L, EF, DF)

#### Vegan Pumpkin & Ricotta Ravioli

(TBC)

#### Tomato, Aubergine & Chickpea Bowl

(TBC)

### GRAB & GO

Our selection of healthful and tasty snacks are produced and pre-packaged locally by trusted New Zealand suppliers.

- Classic cashews
- Nut crunch
- Cheese & crackers
- Pumpkin & kumara tortilla chips
- Cheese corn chips
- Salsa corn chips
- Salted corn chips
- Gluten Free fudge brownie
- Gluten Free apple & cranberry cookie
- Popcorn